# And Or Theory:

Theory in Information Reliability and Metaphysical Data

Text & Analog Arts

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5/7/2025

#### Introduction

### **Background and Context**

The world needs more abstract and conceptual arts, sciences, and thinkers. The organization of information, and especially ideas of metaphysical data, could benefit from autodidactic perspective, and especially from alternative ideas and poetical theory in metaphysical data and information science. Poetry, poetical and literary thought are necessary to relevant understanding of ideas in imagination and metaphysical data, and are especially needed in science and mathematics. I (Amelia Michelle Nicol) wrote an autodidactic, poetical theory in information reliability and metaphysical data. And Or Theory has been registered at the copyright office since 2017, and is copyrighted from 2011. And Or Theory is mostly text and handwriting: charts, poetry, essay, short story, and reader/zine. I have many personal projects associated with my text theory in music, spoken word, and abstract arts.

Critical thought and place value are critical to us, and I know that studying abstract and conceptual especially in literature and theory could help us become better critical thinkers, which improves us as professionals and could help us all grow personally. This theory, And Or Theory, is abstract and conceptual writing and analog arts working to explain and understand difficult and necessary scientific principles, **experiment in the English language**, and present some lesser known and interesting scientific ideas about information science and metaphysical data.

### **Problem Statement**

I would like to research the idea of metaphysical data as a physiological construct of imagination. While this may seem paradoxical, it is necessary to research the terms we've used to describe that which is beyond sense, that which is 'meta' and the ways in which we can scientifically organize these concepts and the information therein to use these ideas more effectively and safely.

# **Research Questions**

What information is actually reliable?

Is metaphysical data a physiological construct?

What is accident and coincidence?

Is imagination shared? [Nicol, Amelia, Accident & Coincident, copyright 2020]

# Relevance and Importance of the Research

I had started studying and researching metaphysical data as a physiological construct back in 2011, and have wanted a scientific explanation for some of the more puzzling things that happen on the planet. For the most part, that which I seek has no proof, and I work to find better questions, not answers. I try to decide not to decide, and work for the need we have in critical thought and information reliability, especially about that which is considered metaphysical [meta] and or extra-sensory, and especially in imagination and the possibilities of shared imaginal space. My theory explores generalities, but especially focuses on information reliability in the collocation and allocation of information. I also focus on imagined and mental event: what is imagined or actual of that which is beyond sense, and how we tend to organize these ideas, and how we have applied them. I try to remain as open and critical as possible, but rest often on the ideas of silence clarity and stillness as physiological constructs of possible accident and coincidence, and the ideas of indeterminable data as scientific explanation of some extra-sensory phenomena.

Information reliability is necessary and relevant to any researcher, especially in any research of metaphysical data and/or imaginary and the imaginal. The ease of misinterpretation in these areas of study is nothing new, and more often than not, we trust opinion over facts, and coddle people with faith in belief rather than asking the

difficult questions and being willing to seek them out in scientific research. These ideas are extremely important to us, especially in the times we are in. We cannot be forced to believe in nor decide anything, especially in metaphysical ties that are beyond any sense. We need to understand the significance of that which is 'beyond', and the importance in the fact that imaginary cannot be forced upon anyone. These scientific ideas and practical could be useful in working toward critical thought, and in upholding the individuals rights to choose for themselves, not based on fear, coercion nor brainwashing-type faith in empty systems of psuedo science and/or religion.

We live in a mechanical universe, and part of regarding metaphysical data as a physiological construct is the applicative value of what actual physical and mechanical norm is. Especially pertaining to imagination and instinct, superstition and etiquette: the ways in which we view the world and are encouraged to work as part of natural or unnatural systems, especially in the trades, could shift to safer and more effective methods of interaction and workmanship. Information reliability and metaphysical data and the variance in systems and their organization need more research and development, and more central focus in the world. If we want the industrial world we live in to work, we need to understand the ways in which we work and organize work. We could be much more effective and attentive at our jobs, especially in the trades, if we understood more abstract and conceptual ideas of organization and information systems, and instinct and imagination.

And Or Theory is generalist, and has many different scientific and philosophical concepts which are mostly written in abstract and conceptual narrative prose, essay and poetry. I have a lot of information that I have recorded and written over the past ten years, and though I cannot present every concept alive in my theory, I know that each and every one could be of great use in the furthering of science and literature.

#### Literature review

# **Key Concepts, Theories and Studies**

The want to name and claim instances of natural coincidence and accident are nothing new: the need for accuracy in any sort of metaphysical data could find some thresholds in the record of accident and coincident accurately and without mystical claiming of natural events. Accident and coincident have led to some of our most amazing and useful scientific discoveries, and the power of imagination and it's connection to instinct is worth exploring in scientific study.

Metaphysical data has physiological constructs of operant imagination which depends upon physical, mechanical constructs to exist and which can also cause them spontaneously or in accordance with outside stimuli. The powers of the imagination! Placebo effects, the power of adrenaline in emergency situations, and the ways in which the mind can trick the body to belief are important phenomena to study, especially in a culture rampant with socio-cultural norms in superstitions and suspicions. Nociception and the ability to remove oneself from pain or circumstance are concepts Nikola Grahek wrote about in *Feeling Pain and Being in Pain*, and apply directly to the powers of the imagination and our capability to fool ourselves in 'dire' situations. Psychoneuroimmunology is the science of placebo effect, the ability in the body to heal itself, and the ways in which human beings are easily fooled by mystics into the powers of belief: imagination is powerful, it can trick biological reality and the importance of relevant studies into the imagination might help us construct more viable ways of life and understanding of metaphysical data, instinct and imagination.

If I imagine it enough, my entire environment in imagination would agree with me. If I imagine something is happening, or that my husband is a hat, as Sacks, Rosenfield and many others have written about, my entire physical being will eventually agree with me, and my reality could become whatever I imagine for myself. The power of imagination is very real, and is extremely important to study, understand and expound upon in healthy and scientific ways. Circumstance upon circumstance is much easier

than underlying principle, but we can formulate healthy and constructive ways to research and look at imagination outside of the oblivion of obviousness and the ease of circumstance upon circumstance.

Imagination and the Growth of Science, by A.M. Taylor examines and gives reference to many examples of the importance of imagination in scientific research and exploration. The study of imagination itself happens in off-stance in any subject, but is not usually the main idea. From Einstein and Godel to Charles Mackay and Edgar Allen Poe, the necessity in imagination and the imaginal in scientific growth and discovery cannot be diminished, and needs researched and developed. Especially in aspects of Accident & Coincident, in that which is supposedly metaphysical and the etiquette and superstition that often gets in the way of information reliability and fact.

Proximity, participation and paradox limits challenges and values have tricked people into systems of belief over and again, and these 'significant' coincidences do not need taken out of context, nor applied to situations in which they do not belong. I have explored these concepts of immediacy and imagination in abstract in some of the ideas of Biolingual feedback, such as in Kolln's grammar, in Rupert Sheldrake, in some of Gertrude Stein's writings, as well as in thrift microbiology books from a while back, (Nester, Roberts, Pearsall, Anderson, Nester, Microbiology, A Human Perspective 1998). The physiological constructs of the ease in immediacy in imagination can also be seen in works from a textbook titled Botany: A Human Concern, as well as in herbal medicine. Of course, these ideas are also important to ideas in texts such as The Secret Life of Plants, and many others. These concepts and abstracts are present in pathology and microbiology, in physiology and anatomy as well as in physical, mechanical reality. Any imagination comes from a physiological construct, and separating ourselves from physical and mechanical reality is not conducive to finding the actuality of structures and mechanics involved in the operation of imagination, and how imagination works, especially with instinct as well as accident and coincident.

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Circumstance upon circumstance could prove any amount of supposed information correct, depending on the observation and environment. Fabricative coincidence for guessing games of similar instancing will be 'proven' correct to any biased observer based on circumstance upon circumstance, no matter what. I'm not interested in people being trapped in any observational bias, nor in any system of belief that could claim our circumstances beyond sense.

Poetry is necessary to every language and to all life, though not many people think of poetry on a daily basis. We work to interpret the world around us in accordance with parable, metaphor and myth, often-times without realizing the effects and affects of these systems and values on language and biological being, and how much importance these ideas and concepts have to information and systems of organization. The recognition of actual rhetorical situation in American English is a decent example of how we tend to use devices and ideas without realizing what they are, nor their long term implications. Paul Goodman's book 'In Defense of Poetry' edifies the necessity in the poetical to language and language to biological being. The universe of discourse [Marcuse] has become more and more limited, especially in American English, and we tend to refuse to recognize the limits we have placed on ourselves and collective understandings of imagination and metaphysical data through language and its exchange.

We know that myth is necessary to reason, as clearly stated in Critical Indigenous Neurophilosophy [Lee, FourArrows, Cajete], and yet we have lost a lot of the thought necessary to decent myths, metaphor, simile, and comparison models that are not solely duality or dichotomy. Poetry is necessary to formulating creative and reliable metaphor, and to our ability to reason and interact with each other. The ways in which we interpret and use myth and metaphor have shaped the world around us, and ignoring these important ways of critical thought and comparison has limited our capacity for reason and compassion. Learning to use metaphor as it is intended, instead of as though fact, could help a lot of systems of hopeless superstition and

suspicion, and work toward a better understanding of instinct and imagination, as well as metaphysical data and that which we perceive therein.

We are all in or introduced to many different systems on a daily basis. To reason with ourselves and fairly analyze a system in terms of natural or applied, and to make better decisions about participation and/or the importance and usefulness of that system is important. Charles Van Doren and Charles Hinton worked for integrating natural and applied systems in effective and beneficial ways. Leonard B. Meyer in his study of information science tried to look at living and musical systems differently and in healthy and applicable ways, not as though completely connected nor in continuance of unnatural and or applied systems.

Accidents happen, coincident is plenty. I do not need to add cause, meaning nor reason to accident nor coincident, and if and when I do, it is imaginary, imaginal, and imaginary is imaginary. Observational bias has tricked many people into unfair belief systems. Just because there are many who believe something, does not mean it is correct or accurate to reality, as Robert E. Bartholomew and Benjamin Radford repeatedly outlined and wrote. Carol and Carol Travis and Wade have a wonderful outline of cognitive strategies for critical thought which are invaluable, as well.

### **Key Debates and Controversies**

Manufactured responses and fabricated evidence in first hand accounts of imaginary space, metaphysical data [meta] and mental event are nothing new: we are in need of information reliability in seeking out accurate record and organization of information and especially metaphysical data. Taking natural phenomena out of context and putting ambiguity in situations it does not belong in is easy to do. When recording imagined event, metaphysical data [meta] or mental event, collective belief is an easy thing to skew, especially in large crowds. Manifestations of imagination and the will of the observer in the record of information, imaginary and mental event hinder accuracy and often-times cause dilemma and disorder where there needn't be any.

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Often-times, it's the power of collective belief showing signs and making wonders of naturally occurring phenomena that there is limited understanding of. The natural volatility of change, coincidence and accident necessary to biological existence do not need taken out of context and given meaning or cause. Nor do they need to apply automatically to the order and organization of information. Plenty of governments, religions and mystics have tried to take and name, control and contort accident and coincident for the control of populace. Accidents happen, coincidence is plenty. The imagination is very powerful, and critical individual thought and imagination is necessary to everyone, and necessary to accurate data and record of reality.

# Gaps in Existing Knowledge

Researching and study of and for And Or Theory could be very valuable to the humanities, and especially being a **literary poetical theory**, could help many to actually understand and be able to formulate our own ideas and relevant constructs of sense about concepts and abstractions of imaginary space and metaphysical data, which have been kept mostly to entirely mathematical or religious terms, unfortunately. Instead of skeptics or actual research in these areas, we automatically believe our screens for ghost hunting stories, and computer science for connectivity, continuer theory [Van Doren], and even lie detection [Thomas], which is of detriment to information reliability and critical and cognitive thought in the actual principles of science. Circumstance upon circumstance often tricks us out of the reality of underlying scientific principle, and the advent of some of these technologies makes these confusions easier.

### **Research Design and Methods**

# Research design

This is original data collection from many thrift books that I have purchased over the past ten years, mostly in handwriting and text. Books are often-times overlooked as valid resources, and that is a sad state of affairs for us, especially in the United States of America. Books are the center and most important part of my research, and study in libraries, and especially from my own thrift books, has been extremely important to me and my data and research.

My research is designed as theory in mostly charts, poetry, essay, short story and reader/zine. I have many personal projects associated with my text theory, in music, spoken word, and abstract arts. I think the world needs more abstract and conceptual arts, sciences, and thinkers. Critical thought and place value are necessary to us, and I know that studying abstract and conceptual especially in literary science and theory could help us become better professionals, help us all grow personally and as part of our local ecology.

#### **Methods and Sources**

Autodidactic research has done a lot of good in the world, and is necessary to any education. Data from outside of institutions is often overlooked and at best looked down upon, but autodidactic research is necessary and important, especially in information science, metaphysical data and that which is instinct and imagination, accident and coincident. So far, I am the only participant in my study or theory and/or that there ever has been, but I am open to collaboration and kept up a blog online for the past eight years in hopes of some interaction and collaboration.

Books are the most important source of information in my study, and I tried to make them practically the only source of information. Never avoiding any source of valid information, and always double checking my sources, but also recognizing the

necessity in physical objects attached to thought, and how few actually recognize their importance and value. I plan on researching in the library, from mostly books, and hopefully supplementing myself with online articles and especially cross-checking with literature online and with other researchers and experts.

My analysis happens in writing and analog arts, and I have shared most of my writing, music, and analog media in painting and collage with the public in the form of blogs and zines, as well as at the copyright office.

#### **Practical Considerations**

Fairness in the systems of record is extremely important. The ways in which especially government workers are forced to record 'first-hand' accounts, and the laws surrounding objectivity in record have hurt information reliability, and have made it easier to take unfair advantages over these areas of government especially. We need information reliability and freedom of expression, we need information that is recorded to be in context and have actual value, instead of passed forward as facts when they're not. Or when a simple misunderstanding of terms, such as unidentified objects, can be misconstrued as supposed proof which does not exist.

Americans have become more and more pervasive and perverse in superstitions and occult activities that go unnoticed by the mainstream. Many do not invite any differing opinions on imagination and metaphysical data, and especially information science: people get nasty and violent, often. I am hoping to research and develop information science and broaden my own poetical theory. This could help information literacy, critical thought and language exchanges between human beings. It could also help the research of information and the systems we automatically accept, belief systems and suspicions and superstition which interrupt actual scientific inquiry and study, especially in metaphysical data.

# **Implications and Contributions to Knowledge**

# **Practical Implications**

My theory could help improve many information studies in process, policy and the necessity in change especially around the regard of metaphysical data and that which is beyond sense (imaginal). It could be especially useful in research around metaphysical data and intellectual property, intellectual property and intellectual freedom and the rights we have to private information and space. Especially in that which could be considered 'imaginal' and metaphysical. Scientific research into imagination and instinct, accident and coincidence could work to remove a lot of superstition and suspicion from that which is considered metaphysical, and help people to recognize reality beyond that which is imagined or easily manipulated in philosophizing crowds or the popularity of any number of different belief systems. We need more critical thought and literacy, my theory could help people easily manipulated by what is common or that which is accepted without any allowance for recourse. Doubt and the necessity in being in the wrong could help us be more fearless in the seeking out of new information, and the study of imagination, accident and coincident.

### **Theoretical Implications**

My research in science and theory could create a great basis for furthering others research, and my own, while challenging some current assumptions about information science, imagination and metaphysical data, and strengthening my own models/modems. We need to allow alternative constructs and ideas about information and its organization, the different systems information works in or does not, and the ways in which we take cultural systemic orders for information (such as superstition and etiquette) for granted. We need more fair analysis about the order, organization and systems of information being used. How much information is withheld, falsified,

impersonated and misinterpreted for the sake of calming or placating populace based on systemic beliefs? We need information reliability, especially in constructs of metaphysical data, and the actuality of accident and coincident. Plenty of governments and religions, and especially mystics, have tried to take and name, control and contort accident and coincidence: we need alternative and sceptical ideas to refute the overarching belief systems and mythologies which so easily rule over people and their lives. We need freedom of expression and free speech, and we also need fairness in information reliability and presentation of the facts in ways that could circumvent the prevailing suspicions and superstitions which allow people unfair control over others and unreal distortions of facts and reality.

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# Research schedule

Research phase	Objectives	Deadline
Review	Review my own and	>2 years
	current data	
Research	Research in mostly	>1-2 years
	libraries and from thrift	
	and used books (which	
	could be donated to	
	institutions: jails, prisons,	
	mental institutions, or	
	schools)	
Re-Write	Re-Write my current	>1-2 years
	theory in collaboration or	
	alone	
Release	Release my information to	>1 year
	the public (again), and	
	possibly throughout, in	
	analog arts, music, and	
	text	

[All of this will hopefully be happening simultaneously.]